

Flare Catering Café Menu

Salads

Thai Prawns Salad with Mint and Coriander Salad and Lime Coconut Pesto	\$16
Chicken and Pumpkin Salad with Toasted Pint Nuts, Pimento and Homemade Sweet Chilli Sauce	\$16
Grilled Lamb with Roasted Bell Pepper, Avocado, Fetta Cheese and Yoghurt Riata	\$16
Caesar Salad – Baby Cos Lettuce, Soft Boiled Egg, Garlic Croutons, Shaved Parmesan add Chicken or Smoked Salmon or Garlic Prawns	\$13 \$16
Rocket and Parmesan Salad with Shaved Corella Pear, Walnuts and Balsamic Drizzle	\$14
Mezzi Plate with Dips, Shaved Meat, Marinated Fetta, Olives and Toasted Garlic Bread (for 4)	\$15

Lunch

Grilled Fish of the Day, Smashed Potatoes, Avocado, Green Beans, Dill Caper Aioli	\$ Mkt
Salt and Pepper Barramundi with Thai Salad and Nam Jim Dressing	\$19
Classic Chicken Burger – Garlic Chicken Breast Fillet, Crispy Bacon, Avocado, Lettuce, Tomato and Aioli and Chips	\$13.5
Long Reef Burger – 180g Beef Pattie, Beetroot, Cheese, Lettuce, Tomato and Chips	\$12.5
Flare Wagyu Beef Burger – 180g Wagyu Beef, Rocket, Tomato Relish, Mozzarella and Chips add Bacon or Egg	\$16 \$17
Beer Battered Flathead Fillets with Mix Leaves Salad, Chips, Tartare Sauce	\$18
Beef Nachos – Spiced Beef, Jalapeno Tomato Salsa, Sour Cream, Guacamole and Mozzarella Cheese	\$15
Gourmet Pizza - Tandoori Chicken, Capsicum, Baby Spinach and Mint Yoghurt	\$14.5
- Roasted Pumpkin, Fetta, Olives, Onion Jam and Basil	\$14.50
All Day Breakfast - Eggs (fried), Bacon, Grilled Tomato, Mushrooms, Turkish Toast	\$15

Check our Daily Specials Board for more options

Snack

Fresh or Toasted Sandwich - \$5.5 / Open Sandwich - \$7.5 / Turkish Melt - \$9 / Wrap Tortilla - \$9
Bacon and Eggs Roll \$5.5
Bowl of Chips - \$5 / Side of Chips \$1.5
Seasoned Wedges - \$6.6
Grilled Herb or Garlic Italian Bread - \$4.5
Side Salad \$2.5

Flare Catering Café Menu

Kids Menu

Ham and Pineapple Pizza \$9
Crumbed Calamari and Chips \$9
Fish and Chips \$9
Tempura Chicken Nuggets and Chips \$9
All kids meals come with a small side salad

Hot Liquid

Cappuccino / Flat White / Latte / Short Black / Long Black / Macchiato / Chai Latte
Regular \$3.3 / Large \$4 / Babycino \$1.5 / Soy Milk \$0.30
Hot Chocolate / Mocha \$4
T2 - English Breakfast / Earl Grey / Jasmine / Chamomile / Chai / Peppermint \$3.2

Cold Liquid

Iced Chocolate / Iced Coffee / Iced Mocha / \$4.5
Smoothies – Banana / Strawberry / Mixed Berry / Mango / \$5.50
Milkshakes – Chocolate / Strawberry / Caramel / Vanilla / Regular \$3 / Large \$4

Sweets

Cookies - (Gluten free options available) \$3
Chunky Muesli Cookies \$3.3
Banana Bread \$3.5
Selection of individual cakes (Gluten free options available) from \$3.5
Bowl of Ice Cream with topping \$4.5
Side of Ice Cream \$1

Opening Times

Open for lunch 7 days a week from 10am
Breakfast Weekends from 8am – 11am
Open for dinner every Thursday evening

Catering for all your events

Breakfast Seminars / Corporate Golf / Conferences / Weddings / Birthday Parties / Christenings

For all Functions and Wedding Bookings please enquire at the Office - Flare Catering
Phone: 9971 8113 ext2 Email: enquiries@flarecatering.com.au Web: www.flarecatering.com.au